

Advanced Cardiac Life Support Course-2010 Guidelines

19th - 21st February 2011, Fortis Escorts Heart Hospital, Okhla Road

ACLS - 01

Course Directors : Sumit Ray, Vijaya Rajkumari

Day 1

- 8.30 - 9.00 ▶ Welcome & Course expectations
Sumit Ray, Vijaya Rajkumari
- 9.00 - 10.30 ▶ Adult Basic Life Support (Video & Practice sessions)
Vijaya Rajkumari / Sanjeev Mittal
- 10.30 - 10.45 **Tea/ Coffee Break**
- 10.45 - 1.00 ▶ Adult Basic Life Support (Video & Practice sessions)
- 1.00 - 1.45 **Lunch**
- 1.45 - 3.15 ▶ Child & Infant Basic Life Support (Video & Practice sessions)
- 3.15 - 3.30 **Tea/ Coffee Break**
- 3.30 onwards ▶ BLS Test
Sanjeev Mittal
- 4.30 - 5.00 ▶ ACLS overview & Primary/Secondary Survey
Sumit Ray
- 5.00 - 5.30 ▶ Airway Management (Video)
Debashis Dhar
- BLS Instructors**
Dr. Sumit Ray / Dr. Vijaya Rajkumari / Dr. Mahesh Joshi
/ Dr. Sanjeev Mittal / Dr. Debashis Dhar / Col Dr. Monish
Nakra / Dr. Ashutosh Taneja / D. R. Niraj Tyagi /
Dr. Punet Khanna / Dr Prashant Saxena

Day 2

- 8.30 - 9.15 ▶ ECG / Arrhythmias
Ashutosh Taneja
- 9.15 - 10.00 ▶ Bradycardias
Debashis Dhar
- 10.00 - 10.45 ▶ Tachycardias
Ashutosh Taneja
- 10.45 - 11.00 Tea/ Coffee Break

11.00 - 01.00

Small group sessions (hands-on; 10 candidates / group) 30 min. each

A	B	C	D
Airway Elec. Therapy	Airway Elec. Therapy	Elect. Therapy Airway	Elect. Therapy Airway
1.00 - 1.45	Lunch		

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Instructors:

Airway - Debashis Dhar / A Taneja, Vijaya Rajkumari / Mahesh
Electrical Therapy - Sanjeev Mittal / Col Monish Nakra, Sumit Ray/ Niraj Tyagi

1.45 - 2.30 ▶ Acute Coronary Syndromes
Vijaya Rajkumari

2.30 - 3.15 ▶ Stroke
Mahesh Joshi

3.15 - 3.45 ▶ Megacode (Video)
Sanjeev Mittal

3.45 - 4.00 **Tea/ Coffee Break**

04.00 - 06.00

Teaching/ Practice Stations (30 min. each)

A	B	C	D
VF / VT	Asystole	Respiratory Arrest	PEA
Asystole	Respiratory Arrest	PEA	VF / VT

Day 3

08.30 - 10.30

Teaching/ Practice Stations (30 min. each)

A	B	C	D
Respiratory Arrest	PEA	VF / VT	Asystole
PEA	VF / VT	Asystole	Respiratory Arrest

Instructors:

PEA - Sumit Ray / Niraj Tyagi
Asystole - Vijay Rajkumari / Mahesh Joshi
VF/VT - Col M Nakra / S Mittal / Puneet Khanna
Respiratory Arrest - Dr. Debashis Dhar / Dr. Ashutosh Taneja / Dr. Prashant Saxena
Written Test - Sanjeev Mittal
Megacode (Assessment) - S. Ray / Vijaya Rajkumari / Mahesh Joshi / S. Mittal / D. Dhar / Col Nakra / A. Taneja / N. Tyagi

10.30 - 10.45 **Tea/ Coffee Break**

10.45 - 11.15 ▶ Putting it all together
Sumit Ray

11.15 - 1.15 ▶ Written Test & Megacode(Assess) and Remediation

1.15 - 2.00 **Lunch**

2.00 - 2.30 **Results/Wrap up/ Feedback**